

progress training systems
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Presentation Skills

According to some interpretations of the Book of Lists, it seems that some of us would rather die than speak in public! It is most definitely a learned skill – not one of us was born with it! and while some of us learned early in life, most of us did not. For many, the ability to present easily and effectively in public is an essential requirement of our workplace performance.

This workshop was designed and developed by a full-time professional speaker, from the understanding gained during an extensive career in people development and organisational leadership. It encompasses skillsets and mindsets evolved over years of development in management, training, facilitation and professional public speaking on international platforms.

Contents include:

- The Six P's for Speaking Success
- The BEST Secret for Stunningly Successful Speaking
- Claiming the Right- delivering with confidence, power and energy
- Structuring your presentation easily and successfully
- Working with Three V's to ensure maximum impact
- Using simple Neuro Linguistic Programming skills to deliver effectively
- Understanding presentation mechanics –creating the right environment and using the best medium for your message
- Ensuring audience engagement and optimal outcomes

This workshop is designed to allow for maximum involvement and practice in a very safe and supportive environment with minimum stress and little distraction to comfortable skills development. Ideally conducted with a maximum of 12 over two full days to allow continual practice, coaching and positive encouragement, it can be held as a one day intensive with smaller numbers.

Constructive feedback, positive self-analysis, coaching and an attitude of continual improvement are the development tools most utilised. We will use video as a tool if required, however we generally find that the pressure this creates can hinder development more than it supports it.

The BEST Presentation Skills has never failed to produce vastly improved levels of both competence and confidence at the completion of the program.

TRAINING METHODOLOGY

Equipment used is kept to a minimum, to allow real-time discussion and involvement; flip charts and workbooks are our preferred media.

Although intensive and hard-working, the entire program is lively, interactive and enjoyable, providing valuable discovery-learning processes in a friendly environment.

For more information on how we can ensure the BEST Presentation Skills program can help your people to perform at their best, contact us for a no-obligation discussion.



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